

re: solidarity

12:05p EST on Saturday, 26-July-2025

anonymous anonymous at the diamond

anonymous anonymous is a mutual help support group for all folks... this group is to hold space for the community after the 7/11 police violence in Meadville... we will share and support one another and discuss the concept of solidarity.

you can learn more about anonymous anonymous online at:
doublea.how

opening ~10 mins or so

- **welcome**
- **moment of silence**
- **we version of serenity prayer - if you choose**
 - grant us the serenity to accept the things we cannot change, courage to change the things we can, and the wisdom to know the difference.
- **share-in - brief ~ 30 secs**
 - name
 - pronouns perhaps
 - description that resonates with you (simply *human* works)
 - one (1) word about how you feel
- **share more**
 - anything more you would like to share?
- **reading - anonymity & respect**

meeting ~45 mins or so

- **words**
- **article ~ The Pale Blue Dot by Carl Sagan**

closing ~5 mins or so

- **share-out**
 - same as share-in above
- **moment of silence**
- **serenity prayer - if you choose**
 - grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference.

some notes

- we meet for about an hour
- one person talks at a time
- please avoid cross-talk
 - that is directly addressing another person in the circle
 - we are sharing how we feel, and how we see things
 - we are not telling other folks how to feel or see things
- facilitator(s) may keep things moving
- there may be pauses and that's okay
- be mindful of shares - in content, length, language
- consider the six principles of being trauma-informed when sharing and caring in this space: safety, trustworthiness & transparency, empowerment, voice & choice, peer support, collaboration & mutuality, cultural humility

words

1. "We must learn to live together as brothers or perish together as fools."

Martin Luther King, Jr.

2. "Solidarity is not an act of charity, but mutual aid between forces fighting for the same objective." Samora Machel

3. "We're all we've got, we're all we need." motto,
Mutual Aid Disaster Relief

4. "Years ago I recognized my kinship with all living things, and I made up my mind that I was not one bit better than the meanest on the earth. I said then and I say now, that while there is a lower class, I am in it; while there is a criminal element, I am of it; while there is a soul in prison, I am not free." Eugene V. Debs

5. "If you are silent about your pain, they'll kill you and say you enjoyed it."

Zora Neale Hurston

The Pale Blue Dot

by Carl Sagan

Look again at that dot. That's here. That's home. That's us. On it everyone you love, everyone you know, everyone you ever heard of, every human being who ever was, lived out their lives. The aggregate of our joy and suffering, thousands of confident religions, ideologies, and economic doctrines, every hunter and forager, every hero and coward, every creator and destroyer of civilization, every king and peasant, every young couple in love, every mother and father, hopeful child, inventor and explorer, every teacher of morals, every corrupt politician, every "superstar," every "supreme leader," every saint and sinner in the history of our species lived there – on a mote of dust suspended in a sunbeam.

The Earth is a very small stage in a vast cosmic arena. Think of the endless cruelties visited by the inhabitants of one corner of this pixel on the scarcely distinguishable inhabitants of some other corner, how frequent their misunderstandings, how eager they are to kill one another, how fervent their hatreds. Think of the rivers of blood spilled by all those generals and emperors so that, in glory and triumph, they could become the momentary masters of a fraction of a dot.

Our posturings, our imagined self-importance, the delusion that we have some privileged position in the Universe, are challenged by this point of pale light. Our planet is a lonely speck in the great enveloping cosmic dark. In our obscurity, in all this vastness, there is no hint that help will come from elsewhere to save us from ourselves.

The Earth is the only world known so far to harbor life. There is nowhere else, at least in the near future, to which our species could migrate. Visit, yes. Settle, not yet. Like it or not, for the moment the Earth is where we make our stand.

It has been said that astronomy is a humbling and character-building experience. There is perhaps no better demonstration of the folly of human conceits than this distant image of our tiny world. To me, it underscores our responsibility to deal more kindly with one another, and to preserve and cherish the pale blue dot, the only home we've ever known.

For small creatures such as we, the vastness is bearable only through love.

