



ABOUT ANONYMITY AND RESPECT

Our Twelfth Tradition states, “Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.” There are many understandings to the principle of Anonymity, as we grow in the program, so does our understanding of spiritual principles.

There is the understanding that who we see here, and what we hear here, needs to stay here. What we share and who we share with is held in confidence.

Another understanding of anonymity relates to being an unidentifiable part of the whole. Here you are an equal regardless of any conceivable difference society may create. We are all simply humans seeking to walk one another down this path of growth and discovery.

As we are equals, our treatment of others and the world around us is a reflection of how we treat ourselves. If you choose to engage in the following unproductive thought patterns, or are burdened by them, kindly leave them at the door. Hate, division, condemnation, judgement, and prejudice have no utility in our program. WE can work together to relieve ourselves of these misapprehensions, but our time together is valuable, so let us set them aside for now.

In this program we value and respect our diversity of races and ethnicities, sexual and gender identity, abilities, religious and spiritual preferences, and opinions. Let’s strive to place principles before personalities and focus on our similarities rather than perceived differences.